



What Men Should Expect from Their Annual Physical

Both research and anecdotal evidence show that men avoid seeking health care. In fact, data shows men would rather do household chores, like cleaning the bathroom or mowing the lawn, than go to the doctor.

[Learn More](#)



Safe Summer Travel



Autoimmune Skin Diseases



Alzheimer's Disease Fact vs. Fiction

"The whole experience of going for my physical and getting my bloodwork couldn't have been made any better."

~Thomas, a Summit Health Internal Medicine patient



June is Men's Health Month

Schedule your primary care appointment.

[Learn more](#)

